

# Outdoor Education Centre Menu

	Friday	Saturday	Sunday
Breakfast		Bacon Sandwich Vegetarian option available on request	Staffordshire Sausage Sandwich Vegetarian option available on request
<i>Also available: Cereals (Rice Crispies or Cornflakes) Porridge, Toast and Crumpets with Jam. Milk, Fresh Fruit Cups and Yoghurt, Tea or Fruit Juice (Orange or Apple)</i>			
Lunch		Packed Lunch (to eat in) Homemade Soup of the day (Tomato & Basil, Leek & Potato, Carrot & Coriander or Winter Vegetable) Assorted Sandwiches  Homemade Tray Bake (Flapjack, Choco Orange Crispy Bar, Shortbread Fingers Fresh Fruit (Banana, Apple, Satsuma) Water  Picnic Box Assorted Sandwiches, Piece of Fruit, Homemade Tray Bake and Water	Roast Turkey, Roast Potatoes & Gravy Cheese and Leek Layer Pie (v) or Assorted Jacket Potatoes Roast and Creamed potatoes  Carrots Swede  Toffee Apple Twice Baked Crumble & Custard
Dinner	Beef Burger or Quorn Hot Dog	Traditional Beef Lasagne with a Garlic & Herb Wedge or Macaroni Cheese (v) or Assorted Jacket Potatoes	
Vegetable	Served with Spicy Jacket Wedges Mixed Salad	Cauliflower Peas Mixed Salad	
Dessert	Seasonal Fruit Cups	Marble Cake with Custard	
Cold Dessert	A daily changing selection of Strawberry Mousse, Fruit Jelly & Yoghurt and a Selection of Fresh Fruit.	A daily changing selection of Strawberry Mousse, Fruit Jelly & Yoghurt and a Selection of Fresh Fruit.	
Supper	Hot Chocolate and Biscuits		